

WELLBEING TUESDAYS @ GRANTON **1PM-2PM**

WELLBEING ROOM P103

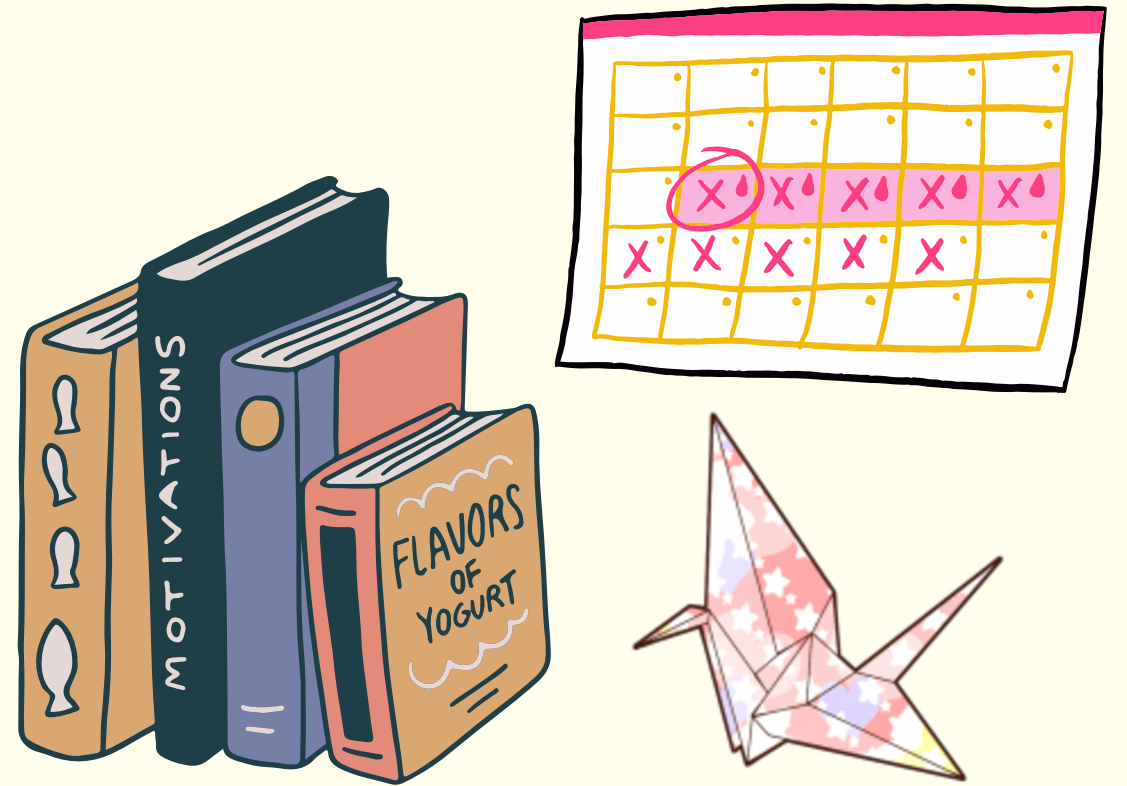
[BIT.LY/WBBOOKINGS](https://bit.ly/wbbookings)



WOMANLY WEEK

Join for, aromatherapy, feminist books, origami and to learn how to get your monthly cycle working for you!

1ST TUESDAY OF THE MONTH




MUSIC CLUB

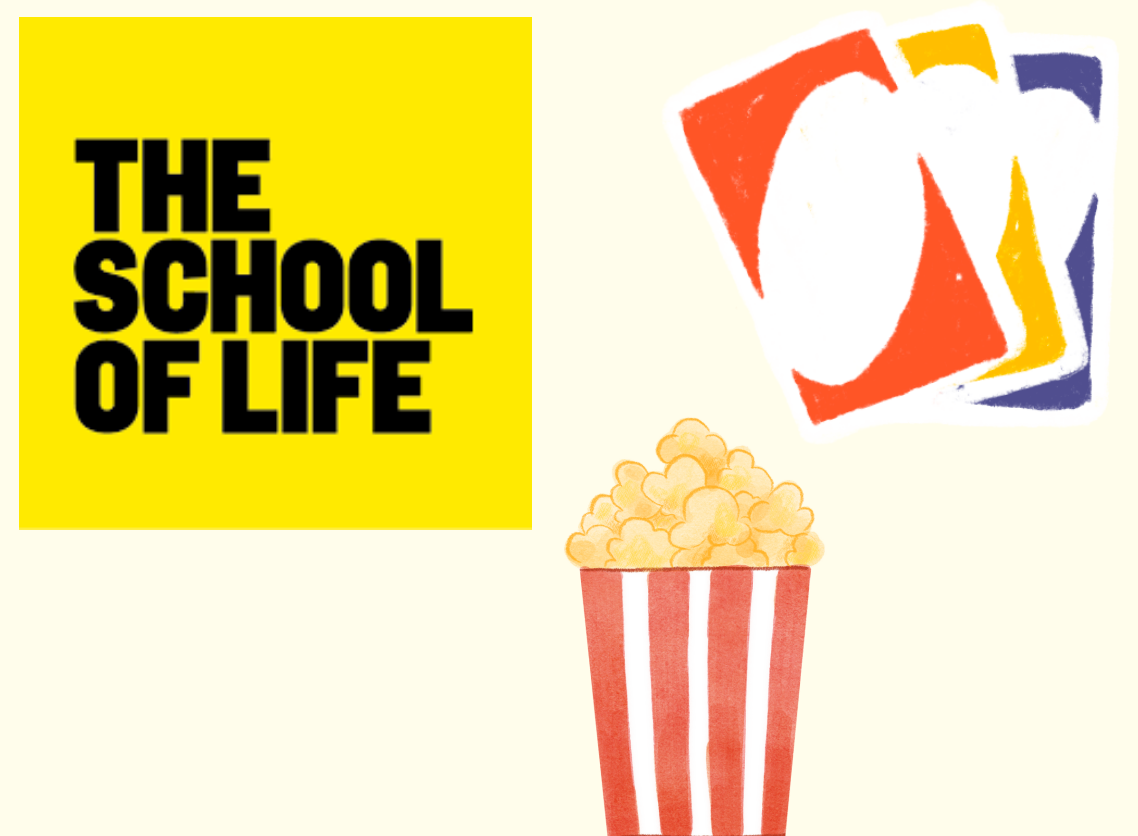
Learn how to facilitate a group drum session, bring an instrument to jam along, learn tips for writing your own music or just come to DJ your favourite tunes!

2ND TUESDAY OF THE MONTH

GAMES OF LIFE

Join us for some monthly wisdom from the popular  YouTube channel 'School of Life' whilst playing some games, eating popcorn and chatting with likeminded people!

3RD TUESDAY OF THE MONTH



ANIME & LOFI MINDFUL COLOURING

Come and relax with some lofi music whilst colouring in your favourite Anime characters!

4TH TUESDAY OF THE MONTH